



Menu

Serving Fantastic Lunches Everyday - All menus are carefully planned to meet School Food Standards, with all new dishes tested by children. Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from, how it was made, grown or reared and how it was purchased.

Week

1

Week commencing

16th November
7th December
28th December
18th January
8th February
1st March
22nd March
12th April

Week

2

Week commencing

2nd November
23rd November
14th December
4th January
25th January
15th February
8th March
29th March

Week

3

Week commencing

9th November
30th November
21st December
11th January
1st February
22nd February
15th March
5th April

MONDAY		SUGARWISE TUESDAY		WEDNESDAY		SUGARWISE THURSDAY		FRIDAY FAVOURITES		
Traditional Choice	Hunter's Style Chicken or Quorn with Paprika Potatoes & Vegetable Medley		Beef or Vegetarian Spaghetti Bolognaise with Homemade 50/50 Garlic Bread & Salad Selection		Pork or Vegetarian Sausages Yorkshire Pudding & Gravy with Mashed Potatoes & Seasonal Vegetables		Homemade Chicken or Quorn Tikka Curry with Mixed Rice & Naan Bread		Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas	
	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)		Salmon & Sweet Potato Fishcake with Potato Wedges Garden Peas & Sweetcorn		Pasta Twists & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)		Lancashire Butter Pie with Vegetable Medley or Baked Beans (v)		Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)	
	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips		Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	
	Oaty Fruit Crunch & Custard or Fruit Yoghurt ~ Fruit Selection & Milk		Marble Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk		Cook's Choice of Mousse or Fruit Yoghurt ~ Fruit Selection & Milk		Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk		Cook's Choice of Cookie or Fruit Yoghurt ~ Fruit Selection & Milk	
MEAT FREE MONDAY		SUGARWISE TUESDAY		WEDNESDAY		SUGARWISE THURSDAY		FRIDAY FAVOURITES		
Traditional Choice	Mediterranean Vegetable Panini Melt with Herby Potatoes Garden Peas & Sweetcorn (v)		Mild Fajita Style Chicken or Quorn with Mexican Style Rice, Tortilla Wrap & Salad Selection		Roast Gammon or Vegetarian Meatballs Yorkshire Pudding & Gravy with Roast Potatoes & Seasonal Vegetables		British Beef & Pork or Vegetable Burger in a Bun with Potato Wedges & Homemade Coleslaw		Crispy Battered Fish Fillet or Vegetable Fingers with Oven Baked Chips & Mushy Peas	
	Pasta Spirals & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)		Puff Pastry Cheese Whirl with Paprika Potatoes Vegetable Medley or Baked Beans (v)		Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)		Vegetable & Chickpea Curry with Mixed Rice & Naan Bread (v)		Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)	
	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)		Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips		Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	
	Creamy Rice Pudding & Mixed Berries or Fruit Yoghurt ~ Fruit Selection & Milk		Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk		Oat & Cherry Cookie or Fruit Yoghurt ~ Fruit Selection & Milk		Vanilla Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk		Cocoa Krispie Cake or Fruit Yoghurt ~ Fruit Selection & Milk	
MONDAY		SUGARWISE TUESDAY		WEDNESDAY		SUGARWISE THURSDAY		FRIDAY FAVOURITES		
Traditional Choice	Big Brunch Pork or Vegetarian Sausages Free Range Omelette Crispy Potatoes & Baked Beans		Savoury Beef or Vegetarian Mince with Yorkshire Pudding Mashed Potatoes & Green Beans		Roast Chicken or Quorn Fillet Sage Stuffing & Gravy with Baby Potatoes & Seasonal Vegetables		Homemade Chicken or Quorn Korma Curry with Mixed Rice & Naan Bread		Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas	
	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)		Vegetable Quesadilla with Rainbow Rice & Salad Selection (v)		Pasta Tubes & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)		Vegetarian Sausage Roll with Paprika Potatoes Vegetable Medley or Baked Beans (v)		Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)	
	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips		Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection		Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	
	Fruity Flapjack or Fruit Yoghurt ~ Fruit Selection & Milk		Lemon Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk		Cook's Choice of Jelly or Fruit Yoghurt ~ Fruit Selection & Milk		Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk		Cook's Choice of Cupcake or Fruit Yoghurt ~ Fruit Selection & Milk	

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Healthier Families campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.