

# Menu

**Serving fantastic lunches everyday** - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

Week commencing  
24th April, 15th May, 5th and 26th June, 17th July,  
7th and 28th August, 18th September,  
9th and 30th October, 20th November

	Monday	Sugarwise Tuesday	Sugarwise Wednesday	Sugarwise Thursday	Friday Favourites					
<b>Choice 1</b>	Crispy Salmon Fillet Fingers	Herby Potatoes & Mixed Vegetable Medley	Booths Meatball Marinara Sub Roll	Paprika Potatoes Garden Peas & Sweetcorn	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Homemade Chicken or Quorn Curry	Mixed Rice & Naan Bread	Crispy Golden Crumb Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
<b>Choice 2</b>	Filled Free Range Omelette	Herby Potatoes & Baked Beans	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Cooks Choice of French Bread Pizza	Potato Wedges Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Homemade Pizza Margherita (v)	Oven Baked Chips or Pasta Salad & Sweetcorn
<b>Choice 3</b>	Tomato & Mascarpone Pasta (v)	Homemade Crusty Bread & Salad Selection	Creamy Veggie & Cheese Pasta (v)	Homemade Crusty Bread & Salad Selection	Pasta Neapolitan (v)	Homemade Crusty Bread & Salad Selection	Cheese & Tomato Pasta Bake (v)	Homemade Crusty Bread & Salad Selection	Selection of filled Wraps or Sandwich Rolls	Oven Baked Chips or New Potatoes & Salad Selection
<b>Desserts</b>	Vanilla Sponge & Custard	Fruit Selection & Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Selection & Organic Milk	Lancashire Cheese & Biscuits or Fruit Yoghurt	Fruit Selection & Organic Milk	Fruity Oat Cookie	Fruit Selection & Organic Milk	Chocolate Muffin	Fruit Selection & Organic Milk

## Week 2

Week Commencing  
1st and 22nd May, 12th June, 3rd and 24th July,  
14th August, 4th and 25th September,  
16th October, 6th November

	Meat Free Monday	Sugarwise Tuesday	Sugarwise Wednesday	Sugarwise Thursday	Friday Favourites					
<b>Choice 1</b>	Vegetarian Sausage Roll & Tomato Sauce (v)	Paprika Potatoes Garden Peas & Sweetcorn	Booths Pork & Vegetable Sausages	Creamed Potatoes & Mixed Vegetable Medley	Roast Chicken Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Mild Chilli Beef Tacos	Mixed Rice & Broccoli Florets	Harry Ramsden's Crispy Battered Fish Fillet	Oven Baked Chips or New Potatoes & Garden Peas
<b>Choice 2</b>	Baked Jacket Potato with a Choice of Filling (v)	Freshly Prepared Salad Selection	Cooks Choice of Toasted Panini	Potato Wedges Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Puff Pastry Cheese Whirl (v)	Herby Potatoes & Baked Beans	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
<b>Choice 3</b>	Cheese & Tomato Pasta Bake (v)	Homemade Crusty Bread & Salad Selection	Pasta Arrabbiata (v)	Homemade Crusty Bread & Salad Selection	Creamy Macaroni & Cheese Bake (v)	Homemade Crusty Bread & Salad Selection	Pasta Neapolitan (v)	Homemade Crusty Bread & Salad Selection	Selection of filled Wraps or Sandwich Rolls	Oven Baked Chips or New Potatoes & Salad Selection
<b>Desserts</b>	Fruit Jelly & Orange Wedges	Fruit Selection & Organic Milk	Carrot Cake Muffin	Fruit Selection & Organic Milk	Chocolate Shortbread Biscuit & Melon Wedges	Fruit Selection & Organic Milk	Coconut Cookie	Fruit Selection & Organic Milk	Summer Treat Dessert	Fruit Selection & Organic Milk

## Week 3

Week commencing  
8th and 29th May, 19th June, 10th and 31st July,  
21st August, 11th September,  
2nd and 23rd October, 13th November

	Monday	Sugarwise Tuesday	Sugarwise Wednesday	Sugarwise Thursday	Friday Favourites					
<b>Choice 1</b>	Pulled BBQ Chicken Melt Tortilla	Paprika Potatoes & Mixed Vegetable Medley	Swedish Style Veggie Meatballs (v)	Herby Potatoes & Broccoli Florets	Roast Pork Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Booths Beef Burger in a Bun & Tomato Ketchup	Paprika Wedges & Mixed Vegetable Medley	Crispy Golden Crumb Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
<b>Choice 2</b>	Lancashire Butter Pie (v)	Baked Beans & Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Cooks Choice of French Bread Pizza	Potato Wedges Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Homemade Pizza Margherita (v)	Oven Baked Chips or Pasta Salad & Sweetcorn
<b>Choice 3</b>	Tomato & Mascarpone Pasta (v)	Homemade Crusty Bread & Salad Selection	Pasta Neapolitan (v)	Homemade Crusty Bread & Salad Selection	Creamy Veggie & Cheese Pasta (v)	Homemade Crusty Bread & Salad Selection	Cheese & Tomato Pasta Bake (v)	Homemade Crusty Bread & Salad Selection	Selection of filled Wraps or Sandwich Rolls	Oven Baked Chips or New Potatoes & Salad Selection
<b>Desserts</b>	Chocolate Brownie & Chocolate Sauce	Fruit Selection & Organic Milk	Lancashire Cheese & Biscuits or Fruit Yoghurt	Fruit Selection & Organic Milk	Fruity Oat Cookie	Fruit Selection & Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Selection & Organic Milk	Chocolate Cookie	Fruit Selection & Organic Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.