

Curriculum Overview: PE



Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Fundamentals	Fundamentals	Fundamentals	Fundamentals	Fundamentals Forest Schools – team challenges	Fundamentals Forest Schools – team challenges
1	Fundamentals baseline – Supertato Underarm Throw	Fundamental Skills - Catching and Bouncing Fundamentals - Zog	Gymnastics 1 & 2	Dance – Toy Story Overarm throw	Fundamental Skills – Rolling a ball Forest Schools – Outdoor Education – Team Challenges	Athletics Fundamentals Baseline – lost and found
2	Fundamentals Games – Piggy in the Middle	Dance – Once Upon a Giant & Explorers Fundamentals – Bounce Ball	Gymnastics Dance - Explorers	Games – Net/Wall Fundamentals – Playground games in the 90 th century	Games – Striking and fielding Forest Schools – OAA: The Great Outdoors	Athletics Fundamentals end of KS1 assessment
3	Creative Games – tag and target Invasion Games - Handball	Dance – Myths and Legends Orienteering	Gymnastics 1 & 2 Invasion Games - Football	Invasion Games - Netball Invasion Games - Rugby	Net and Wall Core Task 1 & 2	Athletics Forest Schools: Outdoor Education – Trust and trails
4	Invasion games - Football Orienteering	Gymnastics Invasion Games - Hockey	Dance – Superheros Target Games – Dodgeball	Invasion Games – Netball Net Wall Games - Tennis	Swimming Athletics	Swimming Forest Schools: Outdoor Education – Team Challenges
5	Invasion Games – Netball Invasion Games – Tag Rugby	Dance Gymnastics Invasion Games - Football	Swimming Orienteering	Swimming Invasion Games - Hockey	Striking and Fielding Games – Cricket Forest Schools – OAA: team challenges	Athletics Striking and Fielding Games – Rounders
6	Swimming Invasion Games – Tag Rugby & Football	Swimming Gymnastics Invasion Games - Netball	Invasion Games - Dodgeball Dance – Robin Hood	Orienteering Net Wall Games - Tennis	Athletics Invasion Games - Hockey	Striking and Fielding – Cricket and Rounders Forest Schools – OAA: team challenges